



GENERAL INFORMATION:

1. A separate registration form must be completely filled out for each sailor!!
2. Except for 420 sailors and Adult Learn To Sail sailors, each sailor must have, borrow, or rent their own seaworthy boat before the start of camp.
3. Every junior sailor must have a guardian on LNYC grounds at all times.
4. Registration forms may be submitted via USPS or email. Registration is not complete until Camp registration forms and fees are received. Registration forms and fees are due prior to Monday, May 3, 2010. No Refunds. Make the checks payable to Jonathan Alix with the memo "Sailing Camp".
5. Late fees apply to all registrations and/or fees postmarked after Monday, May 3, 2010.
6. ***Space is limited at camp!!*** (Submission of this application does not guarantee acceptance to camp. Late registration may adversely affect your chances of being accepted.
7. Mail registration forms and fees to:
**Jonathan Alix
6708 Pleasant Drive
Charlotte, NC 28211**
8. Note to Red Fleet (Opti Advanced Racing) sailors – This Fleet will be instructed by a recognized top-level guest coach being brought in for Camp. As such, an additional \$30 fee will be required for each sailor. We expect the Red Fleet registration to fill very quickly. See the Sailing Camp 2010 Fleet Goals and Objectives for additional information.

GENERAL INFORMATION (continued):

9. Camping on LNYC grounds for the week is encouraged so that your sailor has the opportunity to enjoy the full camp experience with his/her family and friends. Area for waterfront or shaded tent camping is abundant! RV accommodation is limited to the Clubhouse parking lot. Note that sanitary, power, and water connections for tents and/or RVs are **not** available. Dogs and/or camp fires are **not** permitted on LNYC property. Please contact the Sailing Camp Chairpersons for additional information.
10. Use of “L” and “T” dock facilities on the north side of the cove are designated for use by camp teaching, support and safety vessels only.
11. All member and visitor vessels not associated with camp operations and support are to be docked on the south side of the cove. For larger motor and sailing vessels, particularly those which will be utilized for overnight accommodations, please utilize one of the Club’s many Guest Slips available at the keel boat dock during your visit. Please contact Jonathan Alix or Angie Wiggins for additional information regarding use of a Guest Slip.
12. Ice is always an issue during camp week, and information regarding ice availability on the premises will be forthcoming. Information will be posted to the LNYC website as it becomes available.
13. Due to a number of factors, the traditional silent auction will not be held this year. More information regarding a substitute event will be posted to the Club website as it becomes available.
14. Additional information regarding General Information, Volunteer Opportunities, Camp Photographs, Camp Daily Schedule, etc. will be posted to the LNYC website as it becomes available.
15. For additional information, questions, etc. contact either of the Camp directors:

Jon or Kim Alix	Angie or Bill Wiggins
Home 704-367-7854	Home 803-628-7858
Mobile 704-651-0404	Mobile 803-487-1182
jjalix@earthlink.net	angwiggins@aol.com
kalix@earthlink.net	williamrwiggins@gmail.com

SAILING CAMP REGISTRATION FORM

SAILOR INFORMATION:

*Name: _____ *D.O.B. _____
Juniors Only

*Address: _____

*Phone: (H): _____ Area Code Number Email: _____

*Parent's
 Name/(Address if different): _____

Parents

Phone: * (H): _____ (W): _____ *Email: _____

*LNYC Sponsor: _____
Name And Telephone # of Sponsor, LNYC members can sponsor two non-members, Maximum

*Sailor's
 Guardian & Cell#: _____

A Junior sailor without a designated guardian will not be allowed to stay at camp.

IMPORTANT: Please tell us what Fleet you wish to be assigned to. To ensure that each sailor receives the most suitable instruction to maximize his/her sailing camp experience, Fleet assignments this year will be based upon each sailor's present sailing skill proficiency. The Camp Directors may solicit recommendations from the instructors prior to camp regarding final fleet assignments. Once camp has started, should a lead instructor observe that a sailor assigned to his/her Fleet does not possess the prerequisite skills, the instructor may request the sailor be reassigned to another fleet in order to enable the sailor to realize more success during the week. Again, Fleet assignments are based upon specific prerequisite skill sets, not which boat you will use or which Fleet the sailor has previously sailed in. Sailing Camp Fleet color designations do not correspond to OPTI Class fleet color designations. Please refer to the attached "Sailing Camp 2010 Fleet Goals and Objectives" for guidance.

Fleet (check one)		Sailor Experience (Complete)
<input type="checkbox"/> Green (Opti)	<input type="checkbox"/> Orange (Sunfish)	Years At Sailing Camp =
<input type="checkbox"/> Yellow (Opti)	<input type="checkbox"/> Silver (Laser)	Years Sailing =
<input type="checkbox"/> White (Opti)	<input type="checkbox"/> Bronze (420)	Years Racing =
<input type="checkbox"/> Blue (Opti)	<input type="checkbox"/> Gold (420)	Times sailed last 12 mo. =
<input type="checkbox"/> Red (Opti)	<input type="checkbox"/> Adult Learn to Sail	Swimming ability:
<input type="checkbox"/> Purple (Sunfish)	<input type="checkbox"/> Diamond (Mom's Sunfish)	Beginner Good Great

Will you be camping at LNYC? _____ Tent/Camper Location _____

EMERGENCY CONTACT PERSON:

*Name: _____ * Address: _____

*Phone: Home: _____ Office: _____ Mobile: _____
Area Code Number Area Code Number Area Code Number

*Relationship to Sailor: _____

EMERGENCY MEDICAL INFORMATION:

*Sailor's Physician: _____
Name Telephone Number

*Health Insurance Carrier: _____ *Policy/Group Number: _____

SAILING CAMP REGISTRATION FORM (Continued)

*Current Medications: _____

*Chronic Ailments/Allergies _____ *Last Tetanus Shot: _____

Restricted Activities: _____

*Pertinent Information: _____

Please list information that a caregiver would need if sailor becomes ill or is injured and we cannot locate guardian or emergency contact person.

WAIVER:

In order for this sailor to attend the 2010 Lake Norman Yacht Club Sailing Camp (“Sailing Camp”), the sailor, and parents or legal guardian(s) of the sailor in the case of a minor, hereby certify they have read this document, have given care and consideration to the matters referred to herein, have discussed these matters with the sailor and fully agree with the following statements and understandings.

1. **Health:** The sailor is physically fit and able to engage in all activities associated with Sailing Camp, including ability to swim. If the sailor requires medication, the parents or legal guardian(s) must administer it. The Lake Norman Yacht Club (“LNYC”) or any other person involved with Sailing Camp will not assume any responsibility for giving medication or checking to see that medication has been given or taken.
2. **Equipment:** The sailor has been provided with all the equipment required in the 2010 LNYC Sailing Camp Information Sheet and Registration Package. The equipment, including the boat, is in good working order and condition. Parents, legal guardian(s) and sailor are aware weather conditions during Sailing Camp are likely to include hot, humid days; however, chilly rainy days are not unusual. Sailing activities typically proceed in all weather conditions, except thunderstorms. Sailor has been provided with a hat or visor, sunglasses and sunscreen lotion and has been instructed to wear and use those items to protect the sailor against heat and sunburn, and has foul weather gear and warm sailing clothes available.
3. **Discipline:** Because of the number of sailors in Sailing Camp, LNYC intends to enforce the rules of conduct and curfews as described in the Information Sheet and Registration Package. The Sailing Camp Director may immediately expel any sailor for any breach of LNYC or Sailing Camp rules. Any sailor expelled from Sailing Camp is required to immediately leave LNYC property. In the case of an expelled minor sailor, the parents or legal guardian(s) hereby authorize the Sailing Camp Director to expel the minor sailor from Sailing Camp if they determine that a breach of discipline has occurred, and in such event, the parents or legal guardian(s) will immediately pick up or arrange to pick up the minor sailor at LNYC. If the parents or legal guardian(s) are unavailable, then the emergency contact person, as designated above, will pick up the minor sailor immediately in the event the Camper is expelled from Sailing Camp.
4. **Liability Release and Authorization for Emergency Medical Treatment:** During Sailing Camp, there is always the inherent danger of injury and perhaps drowning. Sailors, parents and legal guardian(s), for themselves and for the sailor, hereby release LNYC, its officers, Sailing Camp Directors, Sailing Camp Instructors, Sailing Camp Staff, and any other persons participating or assisting in Sailing Camp from any claim, liability or demand for injury to or death of the sailor or for damage to equipment, arising out of or related to the claimed or actual negligent act or omission of any of the parties released herein during the course of or related in any way to Sailing Camp or any events which occur during Sailing Camp. The sailor, parents or legal guardian(s) hereby authorize LNYC or its officers, Junior Fleet Captain, Sailing Camp Directors and other agents of LNYC, to obtain or render to the sailor such emergency medical treatment as they, in their sole discretion, deem necessary or appropriate, and the sailor, parents or legal guardian(s) hereby authorize any hospital, medical emergency service organization, medical doctor, nurse or other medical personnel to perform medical services and provide treatment upon the sailor if so requested by LNYC, one of its officers, Junior Fleet Captain, Sailing Camp Directors, or Sailing Camp Instructors.
5. **End of Program:** Sailing Camp ends at 5:00 p.m. on Friday, June 18, 2010 and the parents, legal guardian(s) or person designated in advance to the Sailing Camp Director will pick up the sailor and all of the sailor’s equipment.

ACKNOWLEDGEMENT AND ACCEPTANCE: By signing and submitting this registration form, I have read, understand and agree to all of the terms in this registration package, and I will follow all rules of the Lake Norman Yacht Club and Sailing Camp.

*Sailor: _____
Name Date

Parent or Guardian: In addition to the Acknowledgement & Acceptance outlined above, I also understand that I, or another adult serving as my child’s guardian, is required to be on the property of LNYC at all times during Sailing Camp. **A Junior sailor without a designated guardian will not be allowed to stay at camp.**

*Parent or Guardian: _____
Name Date

* - Denotes information required to complete registration

2010 SAILING CAMP FEES

*Sailor's Name: _____

Note: The Registration fee is \$135.00 for LNYC Resident, Non-resident and Junior members as defined under Article II, By-Laws Of Lake Norman Yacht Club (Amended 2009), \$185.00 for sponsored guests.

	\$	
Registration Fee		\$135.00 (LNYC Member) or \$185.00 (Sponsored Guest) per sailor
Late Fee		\$35.00 for registration packages and/or fees postmarked after May 3, 2010
Opti Red Coaching Fee		\$30.00 (Applicable to each Opti Red Fleet sailor)
T-shirt	Included	Circle Size YS, YM, YL, S, M, L, XL, 2XL
Ear Drops	Included	
“Cook Your Own Meat” Family Cookout Dinner	Included	Side Dishes, condiments, dessert, and soft drinks
Evening games, outdoor movie and popcorn	Included	What better way to celebrate the Summer Solstice !!!
☀ Morning Coffee ☀	Included	☺ Be considerate of our resources & bring your own reusable mug ☺
Tons of Fun and Great Memories	Included	
Extra T-shirts # _____		\$15.00 each; Circle Size YS YM YL S M L XL 2XL
RashGuard shirts # _____		\$TBA each; Circle Size YS YM YL S M L XL 2XL (Price should be sorted out by end of April)
Ball Cap # _____		\$20.00 each
Bojangles Biscuits (Thurs AM)		
Egg/Cheese		\$1.65 Circle # Ordered 1 2 3 4 5 6
Bacon/Egg/Cheese		\$2.30 Circle # Ordered 1 2 3 4 5 6
Sausage		\$1.45 Circle # Ordered 1 2 3 4 5 6
Cinnamon (2 ea.)		\$1.75 Circle # Ordered 1 2 3 4 5 6
Pizza Night (Thurs)		
Pepperoni		\$8.50 Circle # Ordered 1 2 3 4
Cheese		\$8.50 Circle # Ordered 1 2 3 4
Total		Checks payable to Jonathan Alix with memo Sailing Camp

VOLUNTEERS:

Operating LNYC's Sailing Camp is strictly a volunteer effort and only possible because of generous contributions in time and effort by our volunteers. Every parent/guardian or sponsoring LNYC member is expected to participate and work! Please review the **“Sailing Camp 2010 Volunteer Opportunity List”** then complete the section below.

Name : _____ Cell #: _____ Activities: _____

Circle days NOT available: SU M T W TH F

Name : _____ Cell #: _____ Activities: _____

Circle days NOT available: SU M T W TH F

Circle: Can you provide a motor boat? YES NO If yes, describe _____

Circle: Do you have a sailboat available to lease? YES NO Type: _____

2010 SAILING CAMP RULES:

Sailing Camp is intended to inspire interest in sailing and build sailing skills while ensuring safety and promoting fun and sportsmanship. With so many enthusiastic sailors at Sailing Camp, it is important for all of us to respect each other and the LNYC philosophy by following these rules:

1. All sailors must wear a US Coast Guard approved Personal Flotation Device (PFD) in good condition during all sailing-related water activities, including any activities on or around a dock.
2. Sailors are required to take a swimming test on Monday morning. If a sailor does not pass the swimming test, the sailor must wear a PFD during all free swim periods unless they are under the direct supervision of their parent.
3. Swimming is permitted in front of the Pavilion between the swim dock and the shore, and in the lake while in the presence of the sailor's Fleet Instructor. Swimming is NOT permitted in front of the Pavilion when any boats are being rigged, de-rigged, leaving the docks and shore or returning to a dock or shore.
4. Powerboats MUST stay out of swim area, including the North side of the Jr./420 dock.
5. Sailors will follow the directions and instructions of their Fleet Instructor. Insubordination or the failure to respond to directions or instructions of Sailing Camp Staff can lead to the sailor being expelled from Sailing Camp.
6. Each fleet will be assigned an area to store, launch and retrieve their boats. Sailboats and powerboats not placed in their assigned area will be moved.
7. Sailors are required to stay with their fleet during the daily Fleet Sailing/Shore instruction periods. Sailors are only allowed to leave their fleet during the daily Fleet Sailing/Shore instruction periods to return to the direct supervision of their guardian.
8. If a camper is absent without notification to their instructor during camp's scheduled hours, LNYC reserves the right to ask the camper to leave.
9. Running and horseplay on any dock is prohibited at all times.
10. Sailing Camp Quiet Hours are from 10:00 pm until 7:00 am. Use head phones when listening to your I-Pod/MP3, etc. Do not bring a television to Sailing Camp. Please be sure your activities are not disturbing others.
11. LNYC gate will be closed after 11:00 pm at night. All non-campers must be off the property and all campers must be nestled in their sleeping bags!
12. LNYC is not responsible for boats or any personal property of any member or guest.
13. Guardians are responsible for their sailors and must be at camp while their sailors are at camp. In addition, direct supervision is required before 9:00 am, at lunch from approximately 12:00 pm until 1:00 pm and after 4:00 pm every day.
14. The adults at camp are examples to our children and as such are discouraged from drinking during instructional hours and from excessive drinking at any time.
15. Underage consumption of alcoholic beverages is not allowed at Sailing Camp or on LNYC property. If this rule is broken, the sailor will be required to leave sailing camp.
16. Use of illegal drugs and/or controlled substances is not allowed at Sailing Camp or on LNYC property. Persons found to be in violation of this rule will be required to leave the LNYC property.
17. Children under 18 spending the night on LNYC property must have their guardian on club property for supervision. The guardian must know where the sailor is camping during Sailing Camp.
18. Sailors are required to follow all rules of Lake Norman Yacht Club.
19. LNYC members are responsible for the behavior of their guests and sponsored sailors.
20. A sailor can be expelled from Sailing Camp for violation of these rules, for insubordination, or for behavior that is dangerous, unsportsmanlike, or that could bring LNYC into disrepute.
21. HAVE FUN AT CAMP !!!

SAILING CAMP 2010 FLEET GOALS AND OBJECTIVES

Carefully read the following to help you understand the goals of each fleet and your best fit. Fleet assignments will be based upon the sailor's skills, not on fleet assignment at previous camps or the boat being sailed. The final fleet assignment will be made by the Sailing Camp Directors. Sailors must provide their own boats for all fleets except 420's and Adult Learn to Sail (see below).

Opti Fleets

Green – Introduction to Sailing

The Opti **Green** is for the beginner sailor. You will learn the parts of your boat, how to rig and launch your boat, basic sailing, sailing terms and a lot of fun mixed in each day! There will be a combination of shore sessions, fun, and on the water sailing.

Yellow – For the Cruising Opti Sailor

The Opti **Yellow** fleet is for those who enjoy sailing but would rather not race. A prerequisite for this fleet is knowing how to rig your boat, basic sailing skills and terminology including sailing upwind and downwind, tacking and jibing. Sailors will refine their basic sailing skills through instruction in seamanship, boat handling, rules of the road and boating safety, knot tying and challenges.

White – Introduction to Racing

The Opti **White** sailors will move beyond basic sailing by learning beginning racing skills, sailing terms, knots, safety, and an introduction to the rules of racing. A prerequisite for this fleet is knowing how to rig your boat, basic sailing skills and terminology including sailing upwind and downwind, tacking and jibing. There will be drills, short races, plus a mix of shore sessions covering rigging, race course descriptions, boat handling, sail trim, and racing flags/signals.

Blue – Intermediate Racing

The Opti **Blue** sailor will learn intermediate racing skills including sail trim, sailing terms, knots, and fundamental rules of racing. A prerequisite for this fleet is a basic understanding of rigging, race course descriptions, and racing flags/signals. Time on the water will be spent racing on short courses and perfecting skills such as starts, mark-roundings, roll tacks, and other strategies for sailing fast.

Red – Advanced Racing

Opti **Red** is for the serious Opti racer. To be in this fleet, sailors must have mastered intermediate racing skills and are ready to move on to advanced racing skills. Red fleet will review racing rules and how they apply on the water. Learn how boat speed, strategy, and tactics must be applied together to improve performance. Learn large fleet starting strategy, including boat handling skills required for superior starts. Learn how to understand wind shifts and their effect on you and your race course position. Instruction will also focus on how to position for passing upwind and downwind. Sailors who join this fleet will be intensively instructed by a top-level guest Opti coach, and an additional fee of \$30 will be charged per sailor. Once the coach has been retained, a summary of his credentials will be posted to the LNYC website.

Sunfish Fleets

Purple – For the Sunfish Racer

Sunfish **Purple** sailors will learn beginning racing skills, sail trim, sailing terms, knots and some rules of racing. There will be drills, short races, plus a mix of shore sessions covering rigging, race course descriptions, boat handling and racing flags/signals.

Orange – For the Cruising Sunfish Sailor

The Sunfish **Orange** fleet is for those who enjoy sailing but would rather not race. Sailors will refine their basic sailing skills through instruction in seamanship, boat handling, rules of the road and boating safety, knot tying and challenges.

Laser Fleet

Silver – For the Advanced Racer

The **Silver** fleet will review racing rules and how they apply on the water. Learn how boat speed, strategy, and tactics must be applied together to improve performance. Learn large fleet starting strategy, including boat handling skills required for superior starts. Learn how to understand wind shifts and their effect on you and your race course position. Instruction will also focus on how to position for passing upwind and downwind.

420 Fleets

The 420 fleet is limited in size due to a limited number of available LNYC Jr. Program Club 420 boats (12 boats = 24 sailors).

Bronze 420 –Beginning 420 Sailing

The **Bronze** fleet will learn beginning racing skills, sailing terms, knots and some rules of racing. There will be drills, short races, plus a mix of shore sessions covering rigging, race course descriptions, boat handling and racing flags/signals.

Gold 420 –Advanced 420 Racing

The **Gold** fleet will concentrate on competitive 420 sailing skills required for high school regattas and other events with large 420 fleets. Learn how boat speed, strategy, and tactics must be applied together to improve performance. Learn large fleet starting strategy, including boat handling skills required for superior starts. Learn how to understand wind shifts and their effect on you and your race course position. Instruction will also focus on how to position for passing upwind and downwind.

Adult Fleets

Adult Learn to Sail

This fleet will be offered provided there is sufficient demand. Again, as in previous years, this Fleet may be sailed in either Flying Scots or Sunfish, or both, depending upon the goals and experience of the registrants. One of the Directors, and/or the assigned instructor, will contact each registrant to discuss his/her goals and objectives for the week. Based upon this input and boat availability, the fleet structure will be developed. Generally, instruction will focus on the basics of sailing, plus how to work your way around the race course. You will learn beginning to intermediate racing skills, lots of sailing terms, knots, rules of road and racing, and boating safety. You will also learn many great tips for being the “perfect” crew along with skills to improve your helmsmanship!

Diamond - The Mother Fleet – For the “Mom” Who Loves to Have Fun

The **Diamond** fleet is sailed in Sunfish and is for beginning to intermediate sailors. Instruction focuses on the basics of solo sailing. There will be a variety of activities to increase sailing skills and knowledge. This fleet will have a flexible schedule and is specifically designed to accommodate parents and guardians of junior sailing camp participants. Previous participants have requested to also sail a couple days with the Adult Learn to Sail Fleet in the event Flying Scots are being used. If this is of interest to you please let us know as soon as possible so we can see what we can put together for you.

Dads – If there is sufficient interest in a Dad’s Sunfish Fleet we will do the best we can to accommodate you as well! Please let us know if you are interested as soon as possible so we can attempt to put something together for you.