

**2013 Carrabba's Questions
NEW FOR 2013**

Age group awards have been added to the Individual ½ Marathon. First place overall Open and Masters and 3 places in 10 year age groups to from 19 and under to 70 and over. All Individual finishers will receive a Certificate. Awards may be different than the relay.

The serving layout has changed to make the food line go faster. It worked very well in 2012.

Awards will be available when verified – around 10:30 for those needing to leave early.

A DJ is scheduled to provide entertainment.

1. What happens when 1500 participants is reached? Is there a cutoff?

There are only 1500 Carrabba's tickets but we will have a booth to turn in tickets not used and hand them out first come first served. In the past everyone who wanted a meal got one. The meal will be provided as long as the weather permits. There is no cutoff planned but we reserve the right to limit the event to 2000 runners.

2 Why do we not allow pets and strollers? What about headphones?

We have several events where dogs and strollers are welcome, but in this case the course is too narrow and crowded which would create a dangerous situation. We have had problems with headphones interfering with instructions and warnings so if you want to wear one please keep one ear open. We are not responsible if you get injured or lost due to headphone interference.

3. Do I really need to bus?

The park has limited parking and it has been faster to ride the bus versus finding parking and exiting the park. If you choose to drive into the park, please use the Starcrest entrance. A drop off tent will be available. The bus drop off is about ½ mile from the start. The closest vehicle parking is in the same distance.

4. Can I substitute a paid runner? Can I run the Relay and Individual? Can I run on two teams?

Yes to all three, but give the information to the finish line prior to the first finisher. We do not want a paid entry to go to waste. You can not run on two teams at the same time. All entrants must be paid.

5. What is Need A Team?

The SARR wants everyone to have a relay experience. If you can not form a team sign up as Need A Team and we will place you race day. As the race has grown this has become harder to accomplish so please be at the table early. So far everyone has been placed. No refund if you are not placed.

6. Where are prior results and pictures?

The saroadrunners.com site has photo shows and results for the past several years.

7. What if it rains?

As long as the Starcrest entrance is open we will run. We may delay the start a while and if it is a heavy rain may alter the course. Prior wet years have required running through as much as 6 inches of water in two spots. In the event of a severe rain the Carrabba's meal may be cancelled although this has never happened.

8. What if there is a protest?

We will verify chip times at the exchange and may ask Individuals for a verifiable recent time. Keeping lap counts is the responsibility of the individual runner and is not an easy task. Every year several runners lose track. Our decision is final and will try to be resolved that day.

9. Water stops?

There are water and sports drinks at the exchange, just past the exchange for Individuals, just before miles 1 and 2, and at the finish.

10. Medical?

This is a very hot race and we will have first aid bikes on the course and a medical tent at the finish.

11. Anything I need to bring?

ID if adult beverages are to be consumed. Sunscreen is advisable.

12. Is there a course map?

On our website; saroadrunners.com

13. Is there a host hotel?

No, but there are several within 5 miles.

14. Contacts?

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Thanks, Bob

